

Year 3, Issue 33

# Cheder Miami



פרשת בהעלותך

June 5th, 2026

הדלק"נ 7:51 PM

כ' סיון תשפ"ו

*This week, Nursery Class learned the letter ה and explored words that begin with its special "ha" sound, including Havdalah and Har Sinai.*

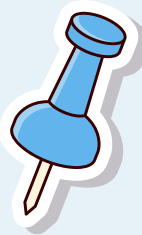
*The children worked hard creating beautiful Havdalah projects to bring home and share with their families.*

*We also talked about the things that make us happy, and the children loved sharing their ideas, from Shabbos and family to the sun, sky, and favorite toys. Mazel Tov to the Lozenik family on the birth of their daughter Rina!*

**יזכו לגדלה לתורה חופה ומעשים טובים!**


**Yahrtzeits**
**כ"ג סיון**
**Rav Yehuda Assad  
(Mahari Assad)**

# This week in Nursery...



**Dear Parents,**

**This week, we learned the letter ה, which makes the “ha” sound. We discovered many words that begin with ה, including Havdalah, Har Sinai, and happy.**

**We worked very hard creating a special Havdalah project to bring home so that our Tattys can use it every Motzei Shabbos.**

**Since happy begins with the letter ה, we also discussed the things that make us happy. The children shared so many wonderful ideas, including Paw Patrol toys, the sky, Shabbos, their parents, the sun, and much more. It was so special to hear all the things that bring them joy.**

**The Afternoon Nursery class is continuing to work on the letter I and numbers 7 and 8. We have been strengthening our pre-writing skills and have been cutting out pictures from magazines to create collages. The children have been enjoying this fun activity while developing their fine motor skills and creativity.**

**Our favorite CD stories this week were Gerald the Giraffe Who Couldn't Dance and Duck on a Bike.**

**Mazel Tov to Tzvi on the birth of his baby sister!  
Wishing everyone a wonderful Shabbos!**



# Nursery Pictures





# PEEK INTO PLAYGROUP

## ALL ABOUT ME

**THIS WEEK WE STARTED OUR END OF YEAR ALL ABOUT ME BOOK**

**ON MONDAY, WE HAD SO MUCH FUN DECORATING OUR FAVORITE FOOD PAGE!**

**ON TUESDAY, WE PAINTED OUR FAVORITE COLOR PAGE!**

**ON WEDNESDAY, WE HAD SO MUCH FUN PUTTING GEMS ON OUR FAVORITE ACTIVITY PAGE!**

**ON THURSDAY, WE DECORATED WHAT OUR FAVORITE THING TO LEARN ABOUT WAS PAGE!**

**ON FRIDAY, WE HAD SUCH A FUN SHABBOS PARTY  
WHERE SARA S WAS OUR SHABBOS IMMA AND SHRAGI J WAS OUR SHABBOS ABBA!  
WE EVEN BRAIDED OUR OWN CHALLAH TO TAKE HOME FOR SHABBOS!**

**LOOKING FORWARD TO MORE FUN NEXT WEEK! HAVE AN AMAZING SHABBOS!**

**PARENTS, PLEASE SEND MITZVAH NOTES WITH YOUR CHILDREN TO HANG UP ON OUR MITZVAH TREE :)**

# Playgroup Pictures



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**Interactive Questions for Your Shabbos Table**



**25**  
 Countries  
**343**  
 Communities  
**16,908**  
 Participating families

**Comments? Stories to share?**  
 Email us at [aderaba@cchfglobal.org](mailto:aderaba@cchfglobal.org)

SHABBOS PARSHAS BEHA'ALOSCHA 5786

ISSUE 88

Please treat this newsletter with proper respect.  
 Please do not read during davening or Krias HaTorah.

## Grab This Bargain!

I want to give my daughters swimming lessons this year, and I asked Debbie, a well-known swimming teacher in our neighborhood, how much she charges. She said: "The course is 20 lessons for 75 shekel each." That's too much for me, so I asked if we could sign up for fewer lessons. She agreed to let us do 12 lessons. I was happy with that, and I signed up my girls. Now, my neighbor Rivky has asked me where I'm sending my girls for swimming lessons, and I told her: "To Debbie." Rivky said, "I'd love to send to her too, but I can't handle the cost of 20 lessons." Can I tell Rivky that Debbie is letting my kids take only 12 lessons?

—Shoshy

**What's the Psak?**  
 Do you know the halachah?

**A No.**  
 Perhaps Debbie was just doing Shoshy a favor.

**B Yes.**  
 Maybe Debbie will give Rivky the same deal.

**C Yes.**  
 Otherwise, Debbie might completely lose out on Rivky as a client.

## Don't Make Me **Sorry I Did It**

When we praise a person, we have to be careful that our praise doesn't end up harming the person we're praising. This can happen if we praise a regular person for his act of kindness or generosity in a certain situation. Others may then see that person as a resource, and he may be inundated with requests for help,<sup>1</sup> which will put him in a very difficult situation. This is why Mishlei teaches, "One who praises his friend loudly from early in the morning, it will be considered a curse to him!"<sup>2</sup>

If everyone finds out that Debbie made an exception to her usual pricing framework, others will ask for the same

accommodation, and she will likely lose business. If Shoshy wants to let Rivky in on this cheaper option, she must first ask Debbie for permission to do so.

**Answer:** The halachah is **A**.

Reviewed by **Rabbi Moshe Mordechai Lowy**

Rav Pam, zt"l, advised great caution when presenting halachic scenarios to the public, as each situation is unique. This *shailah* is for discussion only; actual halachic decisions should be made by a rav or halachic expert on a case-by-case basis.

The Shmiras Haloshon Shailah Hotline: 718-951-3696 2-3PM / 9-10:30 PM

1 Seifer Chofetz Chaim, Hilchos Loшон Hora, 9:3 2 Mishlei 27:14

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**THANK YOU!**



**YEHUDA ROTHBERGER AND FAMILY  
 FOR DISTRIBUTING ADERABA IN PASSIAC, NJ.**

See the good in the heart of a Yid



In his book *Zichru Toras Moshe*, Rabbi Moshe Hirschberg brings a thought-provoking story he heard from Rabbi Efraim Roitman, the founder of the *Hashem Loves You* hotline:

Shmuel\* was a middle-aged man who couldn't hold down a job. Not only was his bank account hovering around zero, so was his self-esteem. To protect what was left of it, he angrily attacked anyone who looked at him the wrong way. This ruined his reputation as an employee, along with his friendships and marriage. Desperate, he called Rabbi Efraim Roitman for advice.

R' Efraim told Shmuel a story he had heard from Rabbi Eytan Feiner, the Rav of the White Shul in Far Rockaway:

Adapted from the sefer *Zichru Toras Moshe*, with permission from the author, Rabbi Moshe Hirschberg, an Aderaba participant who submitted this story.



## Look at It This Way

Judge John Kralik's law practice was failing, his relationships were rocky, and everything seemed to be going wrong. He was miserable.

One day, he decided to shift his focus. He would write one thank-you note every day for an entire year. As he forced himself to focus each day on whom to thank, he began noticing that he was constantly benefiting from the kindness of friends, fellow lawyers, family, even strangers. The same world that had caused him despair seemed

to have become a bright, welcoming place. He later wrote a book on how the shift to gratitude, through one small act done

daily, changed everything.

The idea sounded right to Shmuel. Starting the next morning, he wrote letters to many people—even those he wasn't on good terms with. A few days after he sent out his first letters, some replies began to arrive. Each response opened a new window to the goodness with which he was surrounded.

Six weeks later, R' Efraim received another phone call.

"I got a job!" the caller exclaimed excitedly.

"That's wonderful," R' Efraim replied. "But...who is this?"

"It's Shmuel!" The downbeat monotone was gone, replaced by the voice of hope and happiness.

The power of expressing thanks — try it and see what it does for you!

\*Name has been changed.

See the good What's the Real Story?



One long, hot Sunday, Mrs. Simonowitz\* decided to bake cookies for her children. All the baking equipment and ingredients were laid out on the counter, and soon, a tray of cookies was baking in the oven. The kids orbited close by, ready to pounce on the first batch out of the oven.

When the oven timer beeped, Mrs. Simonowitz carefully drew the cookie pan out of the oven and left it to cool slightly. Then she put on the toppings—some sprinkles and

chocolate drizzle. Her 10-year-old daughter Shira stood nearby watching her mother work.

## Clean Up My Mess

Some of the sprinkles fell on the table around the cooling rack. "This needs to get cleaned up," Mrs. Simonowitz said, seemingly to herself. Shira then saw her mother brush the sprinkles together into a pile and shove them off the side of the table onto the floor.

"Please clean up the rest, Shira," she said.

"What was that about?" Shira wondered. "Why did my mother let the sprinkles fall on the floor for me to clean up? Is she upset at me?"

Shira didn't ask questions, but she felt a little hurt. She picked up the broom and looked under the table to see what needed to be swept.

Why did her mother let the sprinkles fall on the floor?

\*Names have been changed.



Submitted by Shira, a 10-year-old Aderaba participant.

## Can you Crack the case?

It wasn't at all what she expected. Mrs. Simonowitz had placed a garbage can under the table to make the clean-up easier. She had merely shoved the sprinkles off the edge of the table into the can. A few sprinkles had missed the mark, and Shira cleaned them up with one quick sweep.

STORIES TO inspire

In memory of **Javaher bas Esther a"h**  
Dedicated by the **Kahen family**

As a **zechus** for our children  
Dedicated by **Mr. Yosef and Dr. Shani Herman**

 **DATA LINK**  
SYSTEMS

לע"נ בתשבע רחל ע"ה בת ר' שמעון יבל"ח • לע"נ חיים יחיאל מיכל בן רפאל פייוועל שניאור ז"ל • In honor of my children. Dedicated by Sara Stobezki  
As a zechus for *refuah sheleimah* for Chana bas Sara and Yaakov ben Chana and as a zechus for *shidduchim* • As a zechus for *shidduchim* for all in need  
As a zechus for Elyahu David ben Batsheva. Sponsored by the Kops family • As a zechus for the Weitz family  
L'ilui nishmas Miriam a"h bas Yishayahu yblc"t • As a zechus for *shidduchim bekarov* for Golda bas Dina Tziporah and Nechama Basya bas Shifra Shaina  
L'zechus *hatzlachah* for Moshe ben Miriam and *zera shel kayamah* for Tamar Hodaya bas Miriam